

EastBio DLA Professional Development Record

You may want to save your responses to keep track in the future.

In this document, you can record any training and development activities you have carried out. You may find it particularly useful to complete this form ahead of any formal progress review that is held locally (e.g. end-of-year review, progress meeting). We ask that you keep updating it with specific details as you proceed through your first and second year.

There is no formal deadline for completing the Professional Development Record as we understand that each institution has a different timeline for their review processes.

* Required

1. First Name *

2. Last Name *

3. Email *

4. Cohort intake year *

☐ 2025

☐ Other

Training Record

5. EastBio Events

- ☐ Induction
- ☐ Symposium 2026

6. Thematic Meetings

- ☐ Thematic Meeting 1
- ☐ Thematic Meeting 2

7. Core Research Skills

- ☐ Research Ethics
- ☐ Statistics and Experimental Design
- ☐ How to Write a Thesis
- ☐ AI Masterclass
- ☐ Systematic Review and Mapping Methods
- ☐ Learn to Discover
- ☐ MANTRA
- ☐ Other

8. Life Sciences Methods

- ☐ Genomic Approaches
- ☐ Introduction to Chemistry
- ☐ Cool Farm Tool
- ☐ Synthetic Biology
- ☐ Primer for Advanced 'Transcriptomics' Approaches
- ☐ Mapping and Modelling Your Biological Pathway
- ☐ Introduction to Biology
- ☐ Advanced Imaging
- ☐ Proteomics and Mass Spectrometry
- ☐ Structural Biology and Crystallography
- ☐ Other

9. Policy, Enterprise & Industry Skills

- ☐ SPRE Impact & Engagement Labs
- ☐ SPRE Careers in Bioscience Panel Event
- ☐ SPRE Professional Development Mentoring Workshop
- ☐ SPRE Post-Placement Learning Day
- ☐ IBioIC Research Integrity & Responsible Innovation
- ☐ IBioIC How to interpret a patent
- ☐ IBioIC Entrepreneurial Business Simulation
- ☐ IBioIC Working with Industry
- ☐ IBioIC Design of Experiments
- ☐ SRUC Enterprising Researcher Course
- ☐ Other

10. Transferable Skills

- ☐ Presentation Skills
- ☐ Science Communication
- ☐ Resilient Researcher
- ☐ Narrative CV Writing
- ☐ Other

11. EDI & Wellbeing

- ☐ Where Do You Draw the Line?
- ☐ Mental Health First Aid Training
- ☐ Anti-racism Training
- ☐ Other

12. Public Engagement

Please indicate how many days of public engagement you have completed. This is mandatory (2 days per year), but is not allocated any training points.

- ☐ 1 day
- ☐ 2 days
- ☐ 3 days
- ☐ 4 days

13. Please provide some details of your public engagement activities (including date, location and activity). Please include a short reflection on your experience.

14. Are you happy for the details of your public engagement activity to be shared on the EastBio website?

We may contact you for further details

- ☐ Yes
- ☐ No

15. Please provide details of any external training (including date and provider)

Impact

16. Your impact statement

Please briefly summarise how you see the value of your PhD work in terms of (a) its academic importance (findings, methodologies, interface with other areas of research, etc.) and (b) its significance in broader contexts, for example particular biotech industries, the environment, policy, society and economy.

Max 200 words

17. Are you happy for your impact statement to be shared with BBSRC when they request examples of impact? *

☐ Yes

☐ No

18. Are you happy for your impact statement to be shared on the EastBio website? *

We may contact you for further details

☐ Yes

☐ No

19. Please provide any additional information or context relevant to your professional development record

Interruptions of study, placements, part-time study, etc.

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